

# Our Savior Lutheran PS-8

## October 2023

### Lunch Menu



**\*\$4.75 Student Lunch   \*\$6.00 Adult Lunch   \*\$.65 ala carte milk**

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> Chicken Quesadilla Spanish Rice Refried Beans Watermelon Milk	<b>3</b> BBQ Cheeseburger Fries Green Beans Fruit Cup Milk	<b>4</b> Bagel W/Cr Cheese Cereal Yogurt Baby Carrots Milk	<b>5</b> Hot Dog on a Bun Bag of Chips Cucumber Slices w/Dip Fresh Fruit Pudding Cup Milk	<b>6</b> Spaghetti w/Meat Sauce Breadstick Salad Mix Peaches Milk
<b>9</b> Taco Bar Refried Beans Fresh Fruit Milk	<b>10</b> Corn Dog Nuggets Tator Tots Corn Fresh Fruit Milk	<b>11</b> Bosco Stick W/ Dipping Sauce Salad Mix Fresh Fruit Milk	No School	No School
<b>16</b> WG Donut Sausage Patties Celery Sticks w/ Ranch Yogurt or Fruit cup Milk	<b>17</b> Orange Chicken w/Rice Peas n Carrots Pineapple Tid Bits Milk	<b>18</b> Grill Cheese on Texas Toast w/Tomato Soup Gold fish crackers Fresh Fruit Milk	<b>19</b> French Bread Pizza Boat Romaine Salad Mix Pears Milk	<b>20</b> Pancakes Scrambled Eggs Baby Carrots w/Ranch Cantaloupe/Strawberry Milk
<b>23</b> Ham n Cheese Submarine Chips Pepper Sticks w/ranch Fruit Cup Milk	<b>24</b> Macaroni n Cheese Steamed Broccoli Fresh Fruit Milk	<b>25</b> Chicken Nuggets Tator Tots Green Beans Fresh Fruit Milk	<b>26</b> Sloppy Joe Day! Bag of Chips Veggie Medley w/ranch Jello fruit cup Milk	<b>27</b> Turkey Wrap Chicken Noodle Soup Fresh Fruit Milk
<b>30</b> French Toast Sticks Smoked Turkey links Carrot Sticks w/ranch Yogurt or Fruit Cup Milk	<b>31</b> Bosco Sticks W/Dipping Sauce Salad Mix Pears Milk			

*Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.*

*Menu Subject to Change*