

# Our Savior Lutheran PS-8

## October 2021

### Lunch Menu



• \$4.65 Adult Lunch • \$.65 ala carte milk

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. \* Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. *Wg.=Whole Grain*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>27</b> Cheesy Nachos Refried Beans Corn Banana Fruit Snack Milk	<b>28</b> Chicken Tenders Mashed Potatoes Orange Slices Dinner Roll Milk	<b>29</b> Chicken Quesadilla Corn Peaches Chex Mix Milk	<b>30</b> Pepperoni Calzone Romaine & Carrot Salad Pineapple Tidbits Chocolate Pudding Milk	<b>1</b> Baked Pretzel Yogurt Cauliflower & Celery Apple Slices *Trail Mix Milk
<b>4</b> Smokie Links Sweet Potato Tots WG Donut Ring Grape Clusters *Trail Mix Milk	<b>5</b> Pepperoni French Bread Pizza Romaine & Carrot Salad Pineapple Nutrigrain Bar Milk	<b>6</b> Cheeseburger Curly Fries Celery Sticks Peaches Popcorn Milk	<b>7</b> Bag Lunch Cheese Stick Pretzel Rods Strawberry Yogurt Fruit Snacks Banana Milk	<b>8</b> Sloppy Joe on Bun Fritos Dill Pickles Pepper Sticks Watermelon Milk
<b>11</b> Chicken Nuggets Curly Fries Celery Sticks Grape Clusters *Trail Mix Milk	<b>12</b> Cinnamon Toast Crunch Cereal Yogurt Bagel w/Cream Cheese/Jam Apple Slices Carrot Sticks Milk	<b>13</b> Submarine Sandwich Sun Chips Snap Peas *Trail Mix Banana Milk	<b>14</b> No School	<b>15</b> No School
<b>18</b> Ham & Cheese on Bun Pringles Fresh Broccoli Watermelon Chocolate Pudding Milk	<b>19</b> Cheese Filled (BOSCO) Breadsticks w/Dipping Sauce Potato Salad Pineapple Tidbits Chex Mix Milk	<b>20</b> Hot Dog on Bun Fritos Cauliflower & Pepper Sticks Orange Slices *Trail Mix Milk	<b>21</b> Turkey Wrap Potato Chips Carrot Sticks w/Ranch Grapes Milk	<b>22</b> Pizza Hot Pocket Macaroni Salad Carrot Sticks Mixed Berry Cup Milk
<b>25</b> Breaded Mozzarella Cheese Sticks Broccoli & Cauliflower Potato Salad Orange Slices Milk	<b>26</b> Chicken Patty on Bun Tater Tots Pineapple Tidbits Carrot Sticks *Trail Mix Milk	<b>27</b> Corndog Nuggets Chicken Noodle Soup Celery Sticks Goldfish Crackers Banana Milk	<b>28</b> Chicken Pot Pie Romaine & Carrot Salad Applesauce Fruit Sacks Milk	<b>29</b> Beef Burrito Corn Grapes Pretzel Bits Trick or Treat Milk

*Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.*

*Menu Subject to Change*