

Our Savior Lutheran PS-8

October 2021

Breakfast Menu



A full student Breakfast includes a grain, fruit or vegetables, and milk. Milk choice is fat free white.
Up to three (3) times per week the grain can be substituted for a meat/meat alternative.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 Frosted Mini Wheat Cereal Grape Juice Milk	28 Benefit Bar* Mixed Fruit Cup Milk	29 Cheese Stick Fresh Fruit Milk	30 Apple Oatmeal Breakfast Bar Fresh Fruit Milk	1 WG Poptart Applesauce Milk
4 Benefit Bar* Orange Juice Milk	5 Chex Cereal Fruit Cup Milk	6 Goldfish Crackers Applesauce Milk	7 Annie's Gluten Free Oatmeal Granola Bar Fresh Fruit Milk	8 Belvita Blueberry Biscuit Fresh Fruit Milk
11 Graham Crackers Applesauce Milk	12 Belvita Blueberry Biscuit Applesauce Milk	13 Apple Oatmeal Breakfast Bar Fresh Fruit Milk	14 No School	15 No School
18 WG Poptart Fresh Fruit Milk	19 WG Blueberry Muffin Orange Juice Milk	20 Goldfish Crackers Applesauce Milk	21 Chex Cereal Fruit Cup Milk	22 Cheese Stick Fresh Fruit Milk
25 WG Blueberry Muffin Apple Juice Milk	26 Frosted Mini Wheat Cereal Fruit Cup Milk	27 Graham Crackers Fresh Fruit Milk	28 Cheese Stick Fresh Fruit Milk	29 Honey Nut Cheerios Cereal Applesauce Milk

**Pre-School and Pre-Kindergarten will be substituting Graham Crackers/Fresh Fruit*

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change