

Panther Camp June/July 2021 Lunch Menu



• \$.65 ala carte milk

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. *Wg.=Whole Grain*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
14 Turkey Wrap Choice of Potato Chip Pepper Sticks Orange Slices Cheese Popcorn Milk	15 Pepperoni French Bread Pizza Romaine & Carrot Salad Fruit Cup Fruit Snack Milk	16 Breakfast Bar Yogurt Cauliflower & Celery Banana Trail Mix* Milk	17 Chicken Quesadilla Corn Peaches Chex Mix Milk	18 Italian Stromboli Macaroni Salad Snap Peas Apple Slices Milk
21 Smokie Links WG Donut Ring Sweet Potato Tots Applesauce Trail Mix* Milk	22 Cheeseburger Curly Fries Celery Sticks Peaches Popcorn Milk	23 Chicken Pot Pie Romaine & Carrot Salad Applesauce Fruit Snack	24 Pita Chips Hummus Cup Macaroni Salad Carrot Sticks Orange Slices	25 Chicken Salad Saltines Cheese Stick Applesauce Nutrigrain Bar Milk
28 Corn Dog Nuggets Macaroni Salad Carrot & Cucumbers Chips Orange Slices Pretzels Milk	29 Sloppy Joe on Bun Sun Chips Dill Pickles Pepper Sticks Banana Milk	30 Chicken Nuggets Curly Fries Fresh Broccoli & Cauliflower Applesauce Milk	1 Cook Out	2 Pepperoni Calzone Romaine & Carrot Salad Pineapple Tidbits Chocolate Pudding Milk
5 4 th of July No Camp	6 Breaded Mozzarella Cheese Sticks Broccoli & Cauliflower Macaroni Salad Orange Slices Milk	7 Cinnamon Toast Crunch Cereal Yogurt Bagel w/Cream Cheese/Jam Apple Slices Carrot Sticks Milk	8 Submarine Sandwich Sun Chips Snap Peas Trail Mix* Banana Milk	9 Chicken Patty on Bun Tater Tots Pepper Sticks Watermelon Cheese Popcorn Milk Continued on back side

12 Beef & Cheese Burrito Fresh Broccoli Apple Slices Nutrigrain Bar Milk	13 Ham & Cheese on Bun Pringles Grape Tomatoes & Celery Fruit Cup Chocolate Pudding Milk	14 Cheese Filled (Bosco) Breadsticks w/Dipping Sauce Potato Salad Pineapple Tidbits Chex Mix Milk	15 Bag Lunch Cheese Stick Pretzel Rods Strawberry Yogurt Fruit Snacks Banana Milk	16 Hot Dog on Bun Fritos Cauliflower & Pepper Sticks Orange Slices Trail Mix* Milk
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Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change