

Panther Camp June/July 2021 Breakfast Menu



• \$.65 ala carte milk

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. *Wg.=Whole Grain*

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| 14 WG Blueberry Muffin Apple Juice Milk | 15 Frosted Mini Wheat Cereal Fruit Cup Milk | 16 Cheese Stick Fresh Fruit Milk | 17 Apple Oatmeal Breakfast Bar Fresh Fruit Milk | 18 WG Poptart Applesauce Milk |
| 21 Benefit Bar* Orange Juice Milk | 22 Chex Cereal Fruit Cup Milk | 23 Goldfish Crackers Applesauce Milk | 24 Annie's Gluten Free Oatmeal Granola Bar Fresh Fruit Milk | 25 Honey Nut Cheerios Cereal Applesauce Milk |
| 28 Graham Crackers Fresh fruit Milk | 29 Belvita Blueberry Biscuit Applesauce Milk | 30 Apple Oatmeal Breakfast Bar Fresh Fruit Milk | 1 Frosted Mini Wheat Cereal Grape Juice Milk | 2 Benefit Bar* Fruit Cup Milk |
| 5 4 th of July No Camp | 6 WG Blueberry Muffin Orange Juice Milk | 7 Goldfish Crackers Applesauce Milk | 8 Chex Cereal Fruit Cup Milk | 9 Cheese Stick Fresh Fruit Milk |
| 12 Belvita Blueberry Biscuit Fresh Fruit Milk | 13 Honey Nut Cheerios Cereal Fruit Cup Milk | 14 Graham Crackers Orange Juice Milk | 15 Annie's Gluten Free Oatmeal Granola Bar Fresh Fruit Milk | 16 WG Poptart Applesauce Milk |

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change