

## Our Savior Lutheran PS-8 November 2020 Breakfast Menu



• \$4.65 Adult Lunch • \$.65 ala carte milk

A full student lunch includes a grain, fruit or vegetables, and milk. Milk choice is fat free white Up to three (3) times per week the grain can be substituted for a meat/meat alternative

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
Keebler WG Graham	Plain Bagel w/	Strawberry/Banana	Chex Corn Cereal	WG Blueberry Muffin
Cracker bites	Light Cream Cheese	Yogurt – light	(Gluten Free)	,
Orange	Apple Slices	Grapes	Banana	Applesauce
Milk	Milk	Milk	Milk	Milk
23	24	25	26	27
Benefit Breakfast Bar*	Cheese Stick	No School	No School	No School
Apple	Orange			
Milk	Milk			
30	1	2	3	4
Fruit Cup, Harvest Mixed	Keebler WG Graham	WG Blueberry Muffin	Cheese Stick	Benefit Breakfast Bar*
Fruit	Cracker bites	,		
				Apple
WG Cheerios	Applesauce	Banana	Carrots	
				Milk
Milk	Milk	Milk	Milk	

\*Pre-School and Pre-Kindergarten will be substituting Graham Crackers