

Our Savior Lutheran PS-8 November 2020 Lunch Menu



A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free whi and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. <i>Wg.=Whole Grain</i>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Breakfast Bar Yogurt Carrot & Celery Sticks Mini Bagel w/Jam/Cream Cheese Orange Slices	3 Grilled Cheese Sandwich Choice of Potato Chips Broccoli & Cauliflower Goldfish Crackers Applesauce	4 Chicken Drumsticks Mashed Potatoes Peas Grape Clusters Dinner Roll	5 Bag Lunch Cheese Cubes Pretzel Rods Strawberry Yogurt Fruit Snacks Banana	6 Half Day No Lunch
9 Chicken Patty on Bun Blend of Sweet & White Potato Fries Carrot Sticks Banana	10 Cheese Pizza Corn Cucumber Chips Apple Slices Trail Mix	11 Sloppy Joe Choice of Potato Chips Dill Pickles Grape Tomatoes Peaches	12 Spaghetti O's Breaded Mozzarella Cheese Sticks Broccoli & Cauliflower Orange Slices	13 Bag Lunch Chicken Salad Saltines Cheese Sticks Applesauce Cup Granola Bar
16 Cheeseburger Blend of Baked Sweet & White French Fries Carrot & Cucumber Chips Dill Pickles Banana	17 Chicken Pot Pie Romaine & Carrot Salad Grape Clusters Chex Mix	18 Cheese Filled (Bosco) Break Sticks w/Pizza Dipping Sauce Potato Salad Pepper Sticks & Snap Peas Apple Slices Trail Mix	19 Turkey Wrap Sun Chips Broccoli & Cauliflower Orange Slices Cheese Popcorn	20 Beef & Cheese Burrito Mexican Rice Carrot Sticks Peaches
23 Chicken Nuggets Blend of Baked Sweet & White French Fries Carrot & Cucumber Chips Grape Clusters	24 Plymouth Rock Turkey Mayflower Potatoes w/Gravy Pilgrim Stuffing Harvest Vegetables Pumpkin Delight	25 No School	26 No School	27 No School
30 Ham & Cheese on Bun Fritos Carrot Sticks Apple Slices Chocolate Pudding	1 Spaghetti Romaine & Carrot Salad Grape Tomatoes Orange Slices Garlic Bread Sticks	2 Hot Dog on Bun Fritos Broccoli & Cauliflower Apple Slices Cheese Popcorn	3 French Toast Sticks Sausage Patties Sweet Potato Puffs Grape Juice Trail Mix	4 Corn Dog Nuggets Macaroni Salad Pepper Sticks Mixed Fruit Pretzel Rods

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.