



# Our Savior Lutheran PS-8 September/October 2020 Lunch Menu



\$3.65 Student Lunch • \$4.65 Adult Lunch • \$.65 ala carte milk

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. \* Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. *Wg.=Whole Grain*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>28</b> Breakfast Bar Yogurt Carrot & Celery Sticks Mini Bagel w/Jam/Cream Cheese Orange Slices	<b>29</b> Grilled Cheese Sandwich Choice of Potato Chips Broccoli & Cucumber Chips Goldfish Crackers Apple Slices	<b>30</b> Sloppy Joes Choice of Potato Chips Dill Pickles Grape Tomatoes Peaches	<b>1</b> Chicken Drumsticks Mashed Potatoes Peas Grapes Dinner Roll	<b>2</b> Ham & Cheese on Bun Sun Chips Pepper Sticks Chocolate Pudding Banana
<b>5</b> Chicken Patty on Bun Blend of Sweet & White French Fries Carrot Sticks Watermelon	<b>6</b> Cheese Pizza Corn Grape Tomatoes Apple Slices Trail Mix	<b>7</b> Breaded Mozzarella Cheese Sticks Spaghetti O's Broccoli & Cauliflower Orange Slices	<b>8</b> Beef & Cheese Nachos Refried Beans Mexican Rice Celery Sticks Peaches Pretzel Bits	<b>9</b> Turkey Wrap Curly Fries Pepper Sticks Grapes Cheese Popcorn
<b>12</b> Cheeseburger Blend of Baked Sweet & White French Fries Carrot & Cucumber Chips Dill Pickles Banana	<b>13</b> Pasta Bar w/Alfredo & Marinara Sauce Cauliflower & Celery Sticks Green Beans Orange Slices Garlic Bread Sticks	<b>14</b> Baked Potato w/Cheddar Cheese & Sour Cream Homemade Tuna Salad w/Saltines Cooked Broccoli Pineapple *Bonus* Cinnamon Roll	<b>15</b> NO SCHOOL K-8	<b>16</b> NO SCHOOL K-8
<b>19</b> Pancakes Smokie Links Applesauce Sweet Potato Puffs Orange Juice Trail Mix	<b>20</b> Macaroni & Cheese Green Beans Fresh Cauliflower & Grape Tomatoes Strawberries French Bread	<b>21</b> Corn Dog Nuggets Pasta Salad Pepper Sticks Fruit Cup Pretzel Rods	<b>22</b> Chicken Pot Pie Romaine & Carrot Salad Grapes Chex Mix	<b>23</b> Cheese Filled (Bosco) Bread Sticks w/Pizza Dipping Sauce Potato Salad Pepper Sticks & Pea Pods Apple Slices Trail Mix
<b>26</b> Chicken Nuggets Blend of Sweet & White French Fries Carrots & Cucumber Chips Watermelon	<b>27</b> Spaghetti Romaine & Carrot Salad Grape Tomatoes Orange Slices Garlic Bread Sticks	<b>28</b> Hot Dog on Bun Fritos Broccoli & Cauliflower Apple Slices Cheese Popcorn	<b>29</b> French Toast Sticks Sausage Patties Sweet Potato Puffs Grape Juice Trail Mix	<b>30</b> Submarine Sandwich Sun Chips Dill Pickles Carrot Sticks Apple Slices Surprise Treat

*Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.*

*Menu Subject to Change*