

Our Savior Lutheran PS-8

January 2020

Lunch Menu



\$3.50 Student Lunch • \$4.50 Adult Lunch • \$.65 ala carte milk

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. *Wg.=Whole Grain*

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|---|
| 6 Cinnamon Toast Crunch Cereal Yogurt Fresh Carrots & Celery Sticks Banana | 7 WG Grilled Cheese Sandwich Tomato Soup Fresh Broccoli & Cucumber Chips WG Goldfish Crackers Apple Slices | 8 Pancakes Smokie Links Applesauce Baked Sweet Potato Puffs Orange Juice Trail Mix* | 9 Cheese Filled (Bosco) Breadsticks w/Pizza Dipping Sauce Potato Soup Romaine & Carrot Salad Pineapple Tidbits Chex Mix | 10 Hot Dog on Bun Fritos Cauliflower & Pepper Sticks Orange Slices Trail Mix* |
| 13 Corndog Nuggets Chicken Noodle Soup Carrot & Cucumber Chips Banana WG Pretzel Rods | 14 Chicken Patty on Bun Blend of Baked Sweet & White Potato Fries Carrot & Celery Sticks Orange Slices | 15 Cheese Pizza Corn Grape Tomatoes Apple Slices Trail Mix* | 16 Beef & Cheese Nacho Refried Beans Corn Fresh Broccoli Peaches Pretzel Bits | 17 Cheese Filled (Bosco) Breadsticks w/Pizza Dipping Sauce Potato Soup Romaine & Carrot Salad Pineapple Tidbits Chex Mix |
| 20 MLK Day NO SCHOOL | 21 Sloppy Joe on Bun Sun Chips Dill Pickles Pepper Sticks Apple Slices | 22 Macaroni & Cheese Green Beans Fresh Cauliflower & Broccoli Strawberry Cup French Bread | 23 Baked Potato w/Cheddar Cheese, Sour Cream Homemade Tuna Salad w/WG Saltines Cooked Broccoli Pineapple Tidbits Cinnamon Roll | 24 Waffle Sticks Sausage Patties Applesauce Baked Sweet Potato Puffs Grape Juice Trail Mix* |
| 27 Breaded Baked Chicken Nuggets Baked Blend of Sweet & White Potato Fries Banana Chex Mix | 28 Spaghetti Romaine & Carrot Salad Grape Tomatoes Orange Slices Garlic Bread Sticks | 29 Pepperoni Pizza Corn Broccoli & Cauliflower Apple Slices Cheese Popcorn | 30 Pasta Bar/Alfredo & Marinara Sauce Green Beans Garlic Breadsticks Peaches | 31 Chicken Drumsticks Mashed Potatoes Peas Pears WG Dinner Roll |

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change