



Our Savior Lutheran PS-8

November 2019

Lunch Menu



\$3.50 Student Lunch • \$4.50 Adult Lunch • \$.65 ala carte milk A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. <i>Wg.=Whole Grain</i>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 Cinnamon Toast Crunch Cereal Yogurt Carrot & Celery Sticks Mini Bagel w/Jam/Cream Cheese Orange Slices	29 Grilled Cheese Sandwich Tomato Soup Broccoli & Cauliflower Goldfish Crackers Applesauce	30 Chicken Drumsticks Mashed Potatoes Peas Grape Clusters Dinner Roll	31 Submarine Sandwich Sun Chips Dill Pickles Carrot Sticks Apple Slices Surprise Treat	1 Beef & Cheese Nachos Refried Beans Mexican Rice Snap Peas Peaches Pretzel Bits
4 Chicken Patty on Bun Blend of Sweet & White Potato Fries Carrot Sticks Banana	5 Cheese Pizza Corn Cucumber Chips Apple Slices Trail Mix	6 Sloppy Joe Choice of Potato Chips Dill Pickles Grape Tomatoes Peaches	7 Breaded Mozzarella Cheese Sticks Broccoli & Cauliflower Orange Slices	8 HALF DAY OF SCHOOL NO LUNCH
11 Cheeseburger Blend of Baked Sweet & White French Fries Carrot & Cucumber Chips Dill Pickles Banana	12 Pasta Bar w/Alfredo & Marinara Sauce Cauliflower & Celery Sticks Green Beans Orange Slices Garlic Bread Sticks	13 Baked Potato w/Cheddar Cheese & Sour Cream Homemade Tuna Salad w/Saltines Cooked Broccoli Pineapple *Bonus* Cinnamon Roll	14 Chicken Pot Pie Romaine & Carrot Salad Grape Clusters Chex Mix	15 Pepperoni & Cheese Filled (Bosco) Bread Sticks w/Pizza Dipping Sauce Potato Soup Pepper Sticks & Snap Peas Apple Slices Trail Mix
18 Ham & Cheese on Bun Sweet & White Tater Tots Carrot Sticks Apple Slices Chocolate Pudding	19 Spaghetti Romaine & Carrot Salad Grape Tomatoes Orange Slices Garlic Bread Sticks	20 Hot Dog on Bun Fritos Broccoli & Cauliflower Apple Slices Cheese Popcorn	21 French Toast Sticks Sausage Patties Sweet Potato Puffs Grape Juice Trail Mix	22 Corn Dog Nuggets Chicken Noodle Soup Pepper Sticks Mixed Fruit Pretzel Rods
25 Chicken Nuggets Blend of Baked Sweet & White French Fries Carrot & Cucumber Chips Grape Clusters	26 Plymouth Rock Turkey Mayflower Potatoes w/Gravy Pilgrim Stuffing Harvest Vegetables Pumpkin Delight	27 HALF DAY OF SCHOOL NO LUNCH	28 NO SCHOOL	29 NO SCHOOL

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change