



# Our Savior Lutheran PS-8 August/September 2019 Lunch Menu



\$3.50 Student Lunch • \$4.50 Adult Lunch • \$.65 ala carte milk A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. <i>Wg.=Whole Grain</i>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>21</b> Sloppy Joe On Bun Potato Chips (Your Choice) Carrot & Celery Sticks Cheese Stick Watermelon	<b>22</b> Pancakes Smokie Links Applesauce Sweet Potato Puffs Orange Juice Trail Mix	<b>23</b> Macaroni & Cheese Green Beans Fresh Cauliflower & Grape Tomatoes Peaches French Bread
<b>26</b> Cinnamon Toast Crunch Cereal Yogurt Carrot & Celery Sticks Mini Bagel w/Jam Orange Slices	<b>27</b> Grilled Cheese Sandwich Tomato Soup Broccoli & Cucumber Chips Goldfish Crackers Apple Slices	<b>28</b> Chicken Drumsticks Mashed Potatoes Peas Grape Clusters Dinner Roll	<b>29</b> Ham & Cheese on Bun Sun Chips Pepper Sticks Chocolate Pudding Banana	<b>NO SCHOOL</b>
<b>2</b>  <b>LABOR DAY NO SCHOOL</b>	<b>3</b> Chicken Patty on Bun Blend of Sweet & White French Fries Carrot Sticks Watermelon	<b>4</b> Cheese Pizza Corn Grape Tomatoes Apple Slices Trail Mix	<b>5</b> Breaded Mozzarella Cheese Sticks Spaghetti O's Broccoli & Cauliflower Orange Slices	<b>6</b> Make Your Own Salad!! Fresh Fruit Soup Dinner Roll
<b>9</b> Cheeseburger on Bun Blend of Sweet & White French Fries Carrot & Cucumber Chips Dill Pickles Banana	<b>10</b> Pasta Bar w/Alfredo & Marinara Sauce Cauliflower & Celery Sticks Cooked Green Beans Orange Slices Garlic Bread Sticks	<b>11</b> Baked Potato w/Cheddar Cheese, Sour Cream Homemade Tuna Salad w/Saltines Cooked Broccoli Pineapple "Bonus" Cinnamon Roll	<b>12</b> Beef & Cheese Nachos Refried Beans Corn Fresh Broccoli Peaches Pretzel Bits	<b>13</b> Cheese Filled (Bosco) Cheese Sticks w/Pizza Dipping Sauce Potato Soup Romaine & Carrot Salad Apple Slices Trail Mix
<b>16</b> Chicken Nuggets Blend of Sweet & White French Fries Carrots & Cucumber Chips Watermelon	<b>17</b> Spaghetti Romaine & Carrot Salad Grape Tomatoes Orange Slices Garlic Bread Sticks	<b>18</b> Hot Dog on Bun Fritos Broccoli & Cauliflower Apple Slices Cheese Popcorn	<b>19</b> French Toast Sticks Sausage Patties Sweet Potato Puffs Grape Juice Trail Mix	<b>20</b> Corn Dog Nuggets Chicken Noodle Soup Pepper Sticks Mixed Fruit Pretzel Rods

*Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.*

*Menu Subject to Change*