

Our Savior Lutheran PS-8

May/June 2019

Lunch Menu



\$3.00 Student Lunch • \$4.00 Adult Lunch • \$.65 ala carte milk

A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. *Wg.=Whole Grain*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Cinnamon Toast Crunch Cereal Mini Bagel w/Jam Yogurt Carrot & Celery Sticks Bananas	7 Beef & Cheese Nachos Refried Beans Corn Grape Tomatoes Orange Slices	8 Grilled Cheese Sandwich Tomato Soup Broccoli & Cucumber Chips WG Goldfish Crackers Apple Slices	19 French Toast Sticks Sausage Patties Applesauce Baked Sweet Potato Puffs Grape Juice Trail Mix*	10 Cheeseburger Blend of Sweet & White Potato Puffs Grape Tomatoes Dill Pickles Pineapple Tidbits
13 Corn Dog Nuggets Chicken Noodle Soup Carrot & Cucumber Chips Orange Slices WG Pretzel Rods	14 Macaroni & Cheese Green Beans Fresh Cauliflower & Broccoli Strawberry Cup French Bread	15 Pancakes Smokie Links Applesauce Baked Sweet Potato Puffs Orange Juice Trail Mix*	16 Baked Potato w/Cheddar Cheese, Sour Cream Homemade Tuna Salad w/Saltines Cooked Broccoli Pineapple Tidbits "BONUS" Cinnamon Roll	17 Chicken Drumsticks Mashed Potatoes Peas Grape Clusters WG Dinner Roll
20 Breaded Mozzarella Cheese Sticks Spaghetti O's Broccoli & Cauliflower Pears	21 Chicken Patty on Bun White & Sweet Tater Tots Celery & Pepper Sticks Orange Slices Chocolate Pudding	22 Sloppy Joe on Bun WG Sun Chips Dill Pickles Carrot Sticks Apple Slices	23 Spaghetti Romaine & Carrot Salad Grape Tomatoes Watermelon Garlic Bread Sticks	24 MAKE YOUR OWN SALAD!! Fresh Fruit Soup Dinner Roll
27 NO SCHOOL Memorial Day	28 Cheese Filled Bosco Breadsticks w/Pizza Dipping Sauce Potato Soup Romaine & Carrot Salad Pineapple Tidbits Chex Mix	29 Hot Dog on Bun Sun Chips Cauliflower & Broccoli Watermelon Trail Mix*	30 Cheese Pizza Corn Celery & Carrot Sticks Apple Slices Cheese Popcorn	31 Half Day No Lunch
3 Ham & Cheese on Bun Sun Chips Dill Pickles Cucumber Chips & Cauliflower Watermelon	4 Brown Bag Lunch Peanut Butter & Jelly Crustable 2 or 3 Choices of Fritos, Apple, Nutrigrain Bar, Granola Bar or Fruit Snack Ice Cream	5 Last Day of School Half Day No Lunch		

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change