



Our Savior Lutheran PS-8

March 2019

Lunch Menu



\$3.00 Student Lunch • \$4.00 Adult Lunch • \$.65 ala carte milk A full student lunch includes an entree supplying protein and grain, choice of vegetables, choice of fruit and milk. Milk choices include fat free white and fat free chocolate. * Trail Mix includes raisins, granola, chocolate chips & chow mein noodles. <i>Wg.=Whole Grain</i>				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Cinnamon Toast Crunch Cereal Mini Bagel w/Jam Yogurt Carrot & Celery Sticks Banana	5 Beef & Cheese Nachos Refried Beans Corn Grape Tomatoes Peaches Pretzel Bits	6 Grilled Cheese Sandwich Tomato Soup Broccoli & Cucumber Chips WG Goldfish Crackers Apple Slices	7 Pancakes Smokie Links Applesauce Baked Sweet Potato Puffs Orange Juice Trail Mix*	8 Chicken Patty on Bun Sweet & White Tater Tots Pepper Sticks Grape Clusters Cheese Popcorn
11 Cheeseburger Baked Blend of Sweet & White Potato Fries Carrots & Cucumber Chips Apple Slices	12 Spaghetti Romaine & Carrot Salad Orange Slices Garlic Bread Sticks	13 Soft Shell Tacos Refried Beans Mexican Rice Corn Pineapple Trail Mix*	14 Mozzarella Cheese Sticks Spaghetti O's Celery & Carrot Sticks Banana Graham Crackers	15 O'Brien's Subs Houllihan's Krunchies O'Reilly's Dills McLeary Grapes Leprechaun's Surprise
18 Breaded Baked Chicken Nuggets Blend of Sweet & White Potato Fries Carrot Sticks Banana Chex Mix	19 Mozzarella Cheese Sticks Spaghetti O's Romaine & Carrot Salad Pears Graham Cracker	20 Hot Dog on Bun Fritos Cauliflower & Pepper Sticks Orange Slices Trail Mix*	21 Cheese Pizza Corn Grape Tomatoes Apple Slices Cheese Popcorn	22 Pasta Bar/Alfredo & Marinara Sauce Green Beans Peaches Garlic Bread Sticks
25 Corndog Nuggets Chicken Noodle Soup Carrot & Cucumber Chips Orange Slices WG Pretzel Rods	26 Macaroni & Cheese Peas Fresh Cauliflower & Broccoli Strawberry Cup French Bread	27 Baked Potato w/Cheddar Cheese, Sour Cream Homemade Tuna Salad w/WG Saltines Cooked Broccoli Pineapple Tidbits Cinnamon Rolls	28 French Toast Sticks Sausage Patties Applesauce Baked Sweet Potato Puffs Grape Juice Trail Mix*	1 Chicken Drumsticks Mashed Potatoes Peas Grape Clusters WG Dinner Roll

Our Savior Lutheran School admits students of any race, color, national and ethnic origin to all the rights, privileges, programs, and activities generally accorded to students at the school.

Menu Subject to Change